

<b>ALM Organic Farm, Sooke BC</b>	<b>Mary Alice Johnson</b>		<b>642-2131</b>				
<b>2008 season offerings</b>	<b>and Marika Nagasaka</b>						
<b>VARIETY</b>		<b>estimated</b>					
		<b>season in</b>	<b>price</b>				
	<b>season</b>	<b>weeks</b>					
APPLES-AKANE	late Aug.		\$2.50/lb				
APPLES-BELLE DE BOSCOPE	October		\$3.50/lb				
APPLES-GRAVENSTEIN	late Aug		\$3.50/lb				
APPLES-TRANSPARENT	late July to mid Aug.		\$2.50/lb				
ARTICHOKE-JERUSALEM	Oct. 15 to Jan. 30	18	\$3.50/lb				
ARTICHOKES, GLOBE	May to October	20	\$2 each				
ARUGULA	year round	52	\$14/lb				
ASPARAGUS	April 1 to May 30	10	\$8/lb				
BABY MIXED LETTUCES	year round	52	\$14-18/lb				
BEANS-BABY GREEN	July 1 to Oct 1	14	\$6/lb				
BEANS-BROAD	May 15 to Oct. 15	16	\$3.50/lb				
BEETS	year round	52	\$3.50/lb				
BOK CHOY - BABY	year round		\$3.50/lb				
BROCCOLI	July 1 to Nov. 30		\$4.50/lb				
BROCCOLLI-PURPLE SPR	March 10 to May 1		\$4.50/lb				
BRUSSEL SPROUTS	Nov. to March	10	\$4.50/lb				
CABBAGE	July 1 to Nov. 30		\$4.25/lb				
CARROTS-BABY	year round	52	\$4/lb				
CARROTS-LARGE	year round	40	\$3.50/lb				
CAULIFLOWER	June through Nov.	16	\$5-6/lb				
CELERY	June through Nov.	20	\$5-6/lb				
CELERY ROOT	Aug. through Feb..	28	\$5-6/lb				
CHERRY - SWEET	June 30 to July 15		\$4.50/lb				
CHIVES	March to Nov.		\$2.25/bu				
COLLARDS	year round	52	\$3/bu				
CORN	Aug through Oct 30	12	\$1-2/ear				
CUCUMBER-ENGLISH	July thru Oct 30	13	\$1.50-3 ea				
CUCUMBER-lemon	July thru Sept. 15	13	75¢ ea				
CUCUMBER-PICKLING	July thru Sept. 15	13	\$4/lb				
DAIKON RADISH	year round	52	\$4/lb				
EGGPLANT-JAPANESE	Aug. through Sept. 30	6	\$5-6/lb				
FENNEL	April through Nov.	24	\$4.50/lb				
FIGS-FRESH	August		\$8/lb				
FRISEE	year round	52	<b>\$14/lb</b>				
KALE	year round	52	\$3/bu				
KIWI	Dec. 1 to March		\$3/lb				

LEAF LETTUCE	year round	52	\$3 ea				
LEEKS	Aug. through May	30	\$4/lb				
MACHE	March 15 to May		\$23/lb				
MIZUNA	year round	52	\$14/lb				
MUSTARD	year round	52	\$3/bu				
NETTLES	Feb. 15 to June 1	8	\$12/lb				
ONIONS-GREEN	June through Nov.	48	\$2.50/bu				
ONIONS-YELLOW	Aug. thru Feb.	52	\$3.50/lb				
PARSNIPS	Aug. thru March	30	\$4/lb				
PEACH	August		\$4/lb				
PEARS -d'anjou, bosch, louise bonne, commice, Asian	Aug. to late Oct.		\$3.50/lb				
PEAS-ENGLISH	June 1 to Sept. 30	16	\$7.50/lb				
PEAS-SNOW	June 1 to Sept. 30	16	\$7.50/lb				
PEPPERS-JALAPENO	Aug 15 to Oct. 15	8	\$8/lb				
PEPPERS-SWEET	Aug 15 to Oct. 15	8	\$6-7/lb				
PLUM - Santa Rosa, golden early, green gage, lt. Prune	early August to Sept. 1		\$3/lb				
POTATO-fingerling	June through Nov.	4	\$4.00				
POTATO-YUKON GOLD	June thru March	30	\$3.50/lb				
QUINCE	October		\$3.50/lb				
RADDICCIO	year round	52	\$14/lb				
RADISHES	April through Oct	52	\$4/lb				
RHUBARB	April 1 to May 30	8	\$3.50/lb				
SHALLOTS	year round	20	\$12/lb				
SPINACH	year round	52	\$12/lb				
SQUASH-ACORN	Aug. 15 to Dec. 30	18	\$3.25/lb				
SQUASH-BUTTERNUT	Sept. 1 thru Feb. 28	26	\$3.25/lb				
SQUASH-DELICATA	Aug. 15 to Dec. 30	18	\$3.25/lb				
SQUASH-HUBBARD	Sept. 1 thru Feb. 28	22	\$2.30/lb				
SQUASH-SPAGHETTI	Aug. 15 to Dec. 30	18	\$2.30/lb				
SWISS CHARD	year round	40	\$3/bu				
Tomatillo	Aug. through Nov. 15		\$4.50/lb				
TOMATO-Cherry	July 15 through Oct. 30	12	\$5.50/pt				
TOMATO-HEIRLOOM	July 20 through Oct. 30	12	\$4.50/lb				
TURNIP	April to Dec.	40	\$4/lb				
WALNUT	October		\$4/lb				
ZUCHINNI-BABY	June 15 to Sept 30	12	\$2-4.50/lb				
<b>Berries</b>							
BLACK BERRIES	late Aug	8	\$4/PT				
BLACK AND RED CURRENT			\$6/PT				
GOOSE			\$6/PT				
LOGAN, MARION, BOSEN			\$5/PT				
RASP		6	\$6/PT				
STRAWBERRIES		18	\$5/PT				

TAY			\$6/PT			
<b>HERBS AND FLOWERS (EDIBLE)</b>						
Anise hyssop	mid summer		\$2.25/bu or \$20/lb			
Arugula flowers	spring through fall		\$2.25/bu or \$20/lb			
BASIL	June 8 to Oct 7	10	\$2.25/bu or \$20/lb			
Bay leaf	year round	52	\$2/bu			
Bergamot	July thru Sept. 15		\$2.25/bu or \$20/lb			
Borage	year round	45	\$2.25/bu or \$20/lb			
Calendula	year round	50	\$2.25/bu or \$20/lb			
Chamomile	mid summer		\$2.25/bu or \$30/lb			
Chervil	late winter early spring	35	\$2.25/bu or \$22/lb			
Chives	early spring to fall		\$2.25/bu or \$20/lb			
Cilantro	early spring to fall		\$2.25/bu or \$20/lb			
Corn flower	mid summer		\$2.25/bu or \$20/lb			
Dahlia	August to Oct		\$2.25/bu or \$20/lb			
Day lily	July		\$2.25/bu or \$15/lb			
Dill	early spring to fall	35	\$2.25/bu or \$20/lb			
Epazote	June to Oct		\$2.25/bu or \$20/lb			
Fennel	early spring to fall		\$2.25/bu or \$20/lb			
Flowering Currant	early spring		\$2.25/bu or \$20/lb			
Honeysuckle	summer		\$2.25/bu or \$20/lb			
Hops	fall		\$2.25/bu or \$20/lb			
Hyssop	year round		\$2.25/bu or \$20/lb			
Johnny jump-up	year round	52	\$2.25/bu or \$30/lb			
Lavender	harvest in mid July		\$2.25/bu or \$20/lb			
Lemon balm	early spring to fall		\$2.25/bu or \$20/lb			
Lemon Verbena	early spring to fall		\$2.25/bu or \$30/lb			
Lovage	early spring		\$2.25/bu or \$20/lb			
Marjoram	year round		\$2.25/bu or \$20/lb			
Miners lettuce	early spring		\$2.25/bu or \$20/lb			
Mints	year round		\$2.25/bu or \$20/lb			
Nasturtium	spring through fall		\$2.25/bu or \$20/lb			
Oregano	year round		\$2.25/bu or \$20/lb			
Oxeye daisy	year round		\$2.25/bu or \$20/lb			
Parsley, Italian	year round		\$2.25/bu or \$20/lb			
Pineapple sage	fall		\$2.25/bu or \$20/lb			
Rosemary	year round		\$2.25/bu or \$20/lb			
Roses, wild	May		\$2.25/bu or \$25/lb			
Sage	year round		\$2.25/bu or \$20/lb			
Savoury- summer	June through Sept.		\$2.25/bu or \$20/lb			
Savoury- winter	year round		\$2.25/bu or \$20/lb			
Shingiku (chrysanthemum)	early spring to fall		\$2.25/bu or \$20/lb			
Shiso or perilla	summer to fall		\$2.25/bu or \$20/lb			

Sorrel	year round		\$2.25/bu or \$20/lb				
Thymes	year round		\$2.25/bu or \$20/lb				